# ANOVA & Linear Model: Summary

"If you're going through hell, keep going."

Winston Churchill

#### **ANOVA**

- Tests effects of variables through "main effect" terms
- Then tests level differences with post hoc analyses

#### Linear Regression

 Tests effects of variables through dummy coding

#### **ANOVA**

 Uses overall tests as a safeguard against doing too many significance tests

#### Linear Regression

 Has no safeguard against conducting too many tests

#### ANOVA

Used to test
 which variables
 are significant

#### Linear Regression

- Can be used to test which variables are significant
- But can also test overall model

- In both ANOVA & linear regression:
  - Adding a variable to a model partials out its effect from the other terms in the model
  - But in ANOVAs, one doesn't add a term just to partial it out
    - Adding a variable to an ANOVA is done as an explicit test of that term

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- In linear regression:
  - We have more flexibility
    - Can test differences between variable levels right there
    - Can tweak how the variables are tested
      - E.g., can test non-normal data
    - Can also test "model fit"...

#### **Model Fit**

- "Model fit" is how well a given statistical model explains a given set of data
  - How well it "fits" the data
  - Misfit means there is a big difference between what the model predicts the data are like
    - And what the data are actually like

#### Model Fit (cont.)

- Why focus on the overall model instead of individual variables?
  - Since predictors are often correlated themselves
    - And even non-significant correlations and non-significant predictors can effect results
  - For theory! E.g., to find the best combination of predictors

# Interpreting an ANOVA: Variable Summary

Between-Subjects Factors									
		Value Label	N						
Gender	0	Male	92						
	1	Female	67						
Spec_Ed	0	No Diagnosed Disability	79						
	1	Has Diagnosed Disability	80						

## Interpreting an ANOVA: Source Table...

#### **Tests of Between-Subjects Effects**

Dependent Variable: ELA\_Grade

Source	Type III Sum of Squares	df	Mean Square	F	Sig.	Partial Eta Squared	Noncent Para- meter	Observd Power <sup>b</sup>
Corrected Model	21.690ª	3	7.230	12.49	.000	.195	37.479	1.000
Intercept	1146.48	1	1146.48	1981	.000	.927	1981.03	1.000
Gender	2.276	1	2.276	3.934	.049	.025	3.934	.504
Spec_Ed	13.229	1	13.229	22.86	.000	.129	22.858	.997
Gender * Spec_Ed	3.169	1	3.169	5.476	.021	.034	5.476	.643
Error	89.703	155	.579					
Total	1265.81	159						
Corrected Total	111.393	158						

a. R Squared = .195 (Adjusted R Squared = .179)

b. Computed using alpha = .05

## Multilevel Models

## Capturing the Unknown

- Those cared for in the same hospital have similar experiences
  - Those cared for in the same unit within a hospital have similar experience
  - Even if we can't measure completely why

# Which People Make a Personality?

- Traditionally, studies of personality development compare "nature" vs. "nurture"
- E.g., Minesota Twin Studies
  - Mono-& dizygotic twins reared together & separately
  - Thus shared & unshared genes & environment

# Which People Make a Personality? (cont.)

- · Looking further at "nurture"
  - Home environment accounts for more variance than non-home
    - E.g., children "nested" in the same family share variance in personality
    - Knew this even before we knew the sources of this variance
    - Whence, research on parenting styles

# Which People Make a Personality? (cont.)

- But even the home environment can be further sub-divided
  - Children have their own "microenvironment"
  - I.e., variance in personality can be further nested to effects within a given child

# Which People Make a Personality? (cont.)

- E.g., birth order can matter
  - Those born first have different relationships with parents than later-born children
  - I.e., labeling each child by birth order may account for a significant amount of the within-family variance
- In fact, unshared variance at home may matter more than shared variance

#### Levels of Variance

- So, research into effects of "nurturance" on personality
  - Has non-genetic variance
    - Some of that shared within a home
      - Some of that shared within firstborns
        - Some of that in an other "microenvironmental" level

#### Levels of Variance (cont.)

- So, any model of "nurturance" benefits from having multiple levels
  - And variance unique to that level
    - Both shared and unshared variance
      - ol.e., both explicitly measured
      - And from sources unknown, but common to that level

# Capturing the Unknown: Nesting Variance

- Statistical models often partial out variance into signal & noise
  - Outcome = Signal + Noise
  - ∘ *E.g.,*:

    - Y = X + e•  $Y = X_1 + X_2 + e$

# Capturing the Unknown: Nesting Variance (cont.)

- Statistical models often partial out variance into signal & noise
  - Outcome = Signal + Noise
  - ∘ *E.g.,*:

    - Y = X + e•  $Y = X_1 + X_2 + e_1 + e_2$

# Multilevel Models of Change

"If you change the way you look at things, the things you look at change."

Wayne Dyer

## **Examples of Longitudinal Studies**

- Framingham Heart Study
   (Dawler, Kannel, & Lyell, 1963)
- Health Behaviors of Nursing Students: A Longitudinal Study (Clement et al., 2002)

# What Do These Studies All Share?

- They all:
  - Track change in outcomes over time
  - Test what predicts different types of changes
    - E.g., different rates of change between groups

## Questions about Change

- 1. How does the outcome change over time?
- 2. Can we predict differences in these changes?
- These two question are addressed through two, different pieces of our analyses

## Questions about Change (cont.)

- 1. How does the outcome change over time?
  - Can be a descriptive question—not necessarily inferential
    - Is change linear? Logarithmic?
    - Does it always change the same way?
  - Addressed through looking at the pattern of the outcome within each participant
  - Level 1 analysis (Singer & Willet, 2003):
    - Describe the shape / rate of the change

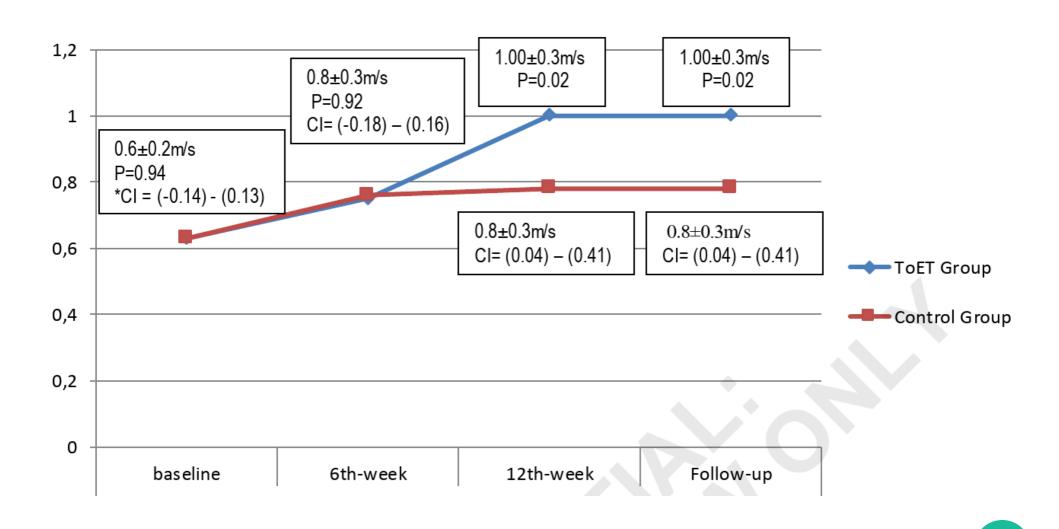
### Questions about Change (cont.)

- 2. Can we predict differences in these changes?
  - An inferential question
  - Do groups differ in how they change?
    - Do other predictors correlate with rates of change?
  - Addressed through looking at differences between participants
    - From different groups, with different characteristics, etc.
  - Level 2 analysis (Singer & Willet, 2003):
    - Can we predict the shape / rate of change

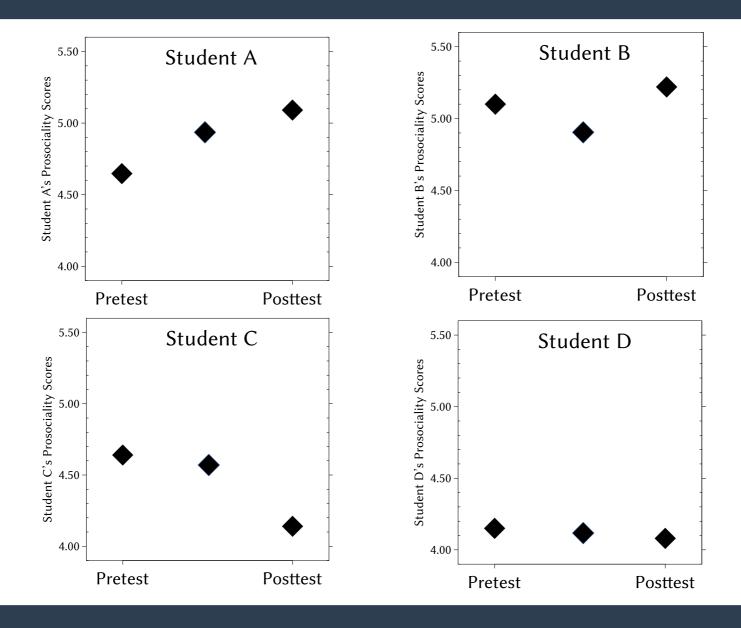
## Ways to Test Longitudinal Data

- Compute a pre-post difference score
  - The compare groups' difference scores
- Control for pretest score
  - Then compare groups' posttest scores (e.g., ANCOVA with pretest as covariate)
- Create a nominal factor for time
  - Then test for mean differences between levels of time (e.g., repeated measures ANOVA)

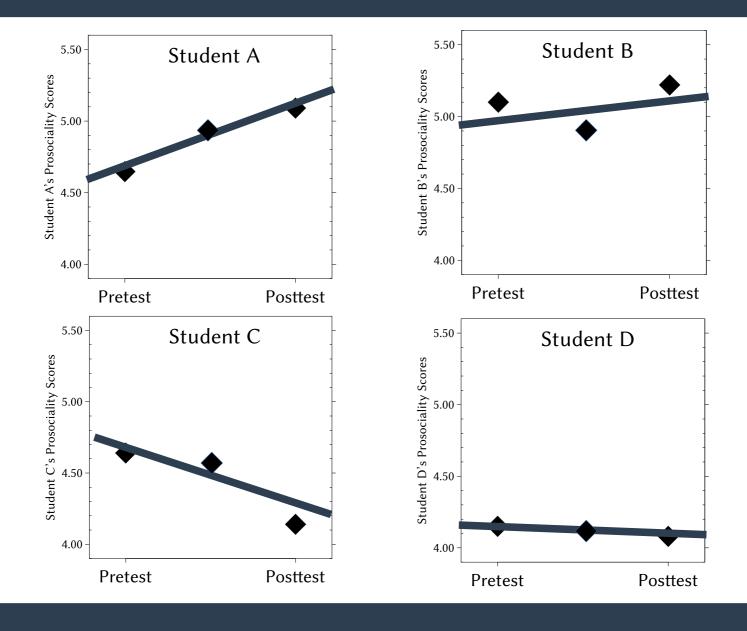
## Repeated Measures ANOVA



#### An Alternative Method



### An Alternative Method (cont.)



#### An Alternative Method (cont.)

- Alternative method (Singer & Willet, 2003):
  - Using the time-varying scores,
    - Compute intercept & slope for each participant
    - Then include terms for the intercept & slope in the model
  - Also parse our error into nested levels

#### An Alternative Method: MLM

- We therefore "nest" time-changing data within each participant
  - Just as we would nest, e.g., patients in a hospital unit
    - And hospitals in city, city in state, etc.
- Called multilevel models of change (MLMs)
  - Also called hierarchical linear models

#### An Alternative Method (cont.)

- · Including slope in model:
  - Allows time to be treated more flexibly
  - Models within-participant variance more accurately
  - Uses information in data set more efficiently
    - Requiring less data than other methods

#### An Alternative Method (cont.)

- · Including intercept in model:
  - Can control for effect of initial values
    - (l.e., remove its effect from other comparisons)
  - Or can test if initial values affect later development
    - (E.g., floor or ceiling effects)

- 1. Longitudinal data
- 2. Three or more "waves" of data
- 3. A time-varying outcome
- 4. A sensible metric for time

#### 1. Longitudinal data

- Measuring the same case over time
  - i.e., not cross-sectional
- In which we measure different cases that are at different points of development

- 2. Three or more "waves" of data
  - 2 waves cannot:
    - Determine shape of change
    - Or how much is due to error / chance
  - More waves produce more precise measures
    - And reduces measurement error

- 3. A time-varying outcome
  - That remains valid & reliable at different times
  - MLMs need continuous data

#### 4. A sensible & precise metric for time

- Sensible
  - Useful for the decisions to make / research questions to answer
  - Appropriate spacing of measurement
- Precise
  - Better decisions come with more information

